

Itula Mili



Presented by:

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CAREER

CAREER STATISTICS

Year	Team	G	GS	Rec	Yards	Avg	Lg	TD	20+	40+
1997	Seattle Seahawks	0	0	0	0	---	0	0	0	0
1998	Seattle Seahawks	7	0	1	20	20.0	20	0	1	0
1999	Seattle Seahawks	16	1	5	28	5.6	8	1	0	0
2000	Seattle Seahawks	16	6	28	288	10.3	34	3	3	0
2001	Seattle Seahawks	16	5	8	98	12.3	41	2	1	1
2002	Seattle Seahawks	16	12	43	508	11.8	49	2	6	1
2003	Seattle Seahawks	16	12	46	492	10.7	46	4	5	1
2004	Seattle Seahawks	15	4	23	240	10.4	20	1	1	0
TOTAL		102	40	154	1674	10.9	49	13	17	3

CAREER HIGHLIGHTS

ELITE TE: Itula Mili has continued to show why he is one of the NFL's elite at the TE position following record setting seasons in 2002 and 2003 in which he set career highs in receptions (2002: 43; 2003: 46), yards receiving (2002: 508 2003: 492), single-game catches (7), single-game receiving yards (117) and long reception (49 yards).

RECORD HOLDER: Mili has become the most prolific TE in Seahawks history, as he set numerous franchise records:

- He set the single-season franchise record twice for most receptions in a season by a Seahawk TE ('02: 43 rec; '03: 46 rec.).
- He holds the franchise record for most receiving yards in a season by a TE (508 yds).
- He has the most TDs in a season by a Seahawk TE (4 TDs).
- He is the all-time leader in career TDs for a Seahawk TE (13 TDs).
- He has the longest touchdown reception by a Seahawk TE (46 yds).
- . . . and many more.

DURABLE: In the last 6 years, Mili has played in 95 (started 40) out of a possible 96 games.

GREAT CHARACTER: In Mili's 8-year career, he has not encountered any negative off-field problems; He is a great team player and an ideal teammate!

CLUTCH PLAYOFF PERFORMER

Mili takes his game to another level come playoff time. Mili has been the most reliable and productive Seahawk receiver for the Seahawks in the past two playoff games.

- Game 1: (1/4/04) @ Green Bay: 6 receptions for 62 yards.
- Game 2: (1/8/05) vs. St. Louis: 6 receptions for 98 yards.

➤ Two Playoff-Game Total Statistics: 12 Receptions for 160 yards.

2002 - 2004 COMBINE STATISTICS

- Mili's total production the past three years as a starter has proven that he is one of the elite TEs in the NFL.
 - Mili ranks #11 in total receptions and #11 in total yards for the combine season totals of 2002 thru 2004.
 - The following chart shows the top 20 TEs total receiving statistics for the past three seasons.

COMBINED RECEIVING STATISTICS FOR THE 2002 THRU 2004 SEASONS

#	PLAYER	Receptions	Yards	Average	TD
1	Gonzalez, Tony KC	236	2947	12.5	24
2	Shockey, Jeremy NYG	183	2095	11.4	10
3	McMichael, Randy MIA	161	1874	11.6	10
4	Heap, Todd BAL	152	1832	12.1	12
5	Jones, Freddie ARI	144	1307	9.1	6
6	Crumpler, Alge ATL	128	1781	13.9	14
7	Sharpe, Shannon DEN	123	1456	11.8	11
8	Witten, Jason DAL	122	1327	10.8	7
T9	Franks, Bubba GB	118	1076	9.1	19
T9	Johnson, Eric SF	118	1146	9.7	2
T11	Mili, Itula SEA	112	1240	11.1	7
T11	Pollard, Marcus IND	112	1356	12.1	15
13	Miller, Billy HOU	108	1146	10.6	7
14	Gates, Antonio SD	105	1353	12.9	16
T15	Alexander, Stephen DET	95	972	10.2	2
T15	Dilger, Ken TB	95	918	9.7	6
17	Lewis, Chad PHI	94	958	10.2	7
18	Jolley, Doug OAK	90	972	10.8	5
19	Wiggins, Jermaine MIN	89	834	9.4	5
20	Williams, Boo NO	86	941	10.9	9

2004 SEASON

GAME-BY-GAME STATS

DATE	Opp	RESULT	GS	Rec	Yds	Avg	Lg	TD
12-Sep	@New Orleans	W 21-7	No	1	15	15	15	0
19-Sep	@Tampa Bay	W 10-6	No	0	0	0	0	0
26-Sep	San Francisco	W 34-0	No	1	1	1	1	1
10-Oct	St. Louis	L 27-33	No	2	20	10	13	0
17-Oct	@New England	L 20-30	No	1	17	17	17	0
24-Oct	@Arizona	L 17-25	No	0	0	0	0	0
31-Oct	Carolina	W 23-17	No	2	22	11	17	0
7-Nov	@San Francisco	W 42-27	No	1	13	13	13	0
14-Nov	@St. Louis	L 12-23	Did Not Play					
21-Nov	Miami	W 24-17	No	4	24	6	11	0
28-Nov	Buffalo	L 9-38	Yes	2	18	9	12	0
6-Dec	Dallas	L 39-43	No	2	30	15	18	0
12-Dec	@Minnesota	W 27-23	Yes	0	0	0	0	0
19-Dec	@New York	L 14-37	No	4	43	10.8	20	0
26-Dec	Arizona	W 24-21	Yes	0	0	0	0	0
2-Jan	Atlanta	W 28-26	Yes	3	37	12.3	16	0
		TOTAL	4	23	240	10.4	20	1

2004 SEASON NOTES

- After the Seahawks handed the starting job to Jerramy Stevens, despite Mili's record-breaking seasons in 2002 and 2003, Mili once again beat out Stevens for the starting position and re-established himself as one of the elite TEs in the NFL.
- Even more impressive was Mili's attitude after the Seahawks gave his starting job to Stevens. Mili continued to quietly work hard and prepare himself to be ready to start again.
- Mili proved he was prepared as he carried his great attitude and great play into the wild-card playoff game against the St. Louis Rams where he posted 6 receptions for 98 yards.

2003 SEASON

GAME-BY-GAME STATISTICS

DATE	Opp	RESULT	GS	Rec	Yds	Avg	Lg	TD
7-Sep	New Orleans	W 27-10	Yes	1	2	2	2	0
14-Sep	@Arizona	W 38-0	Yes	2	9	4.5	9	0
21-Sep	St. Louis	W 24-23	Yes	2	34	17	25	0
5-Oct	@Green Bay	L 13-35	No	4	31	7.8	9	0
12-Oct	San Francisco	W 20-19	Yes	1	15	15	15	1
19-Oct	Chicago	W 24-17	No	1	7	7	7	0
26-Oct	@Cincinnati	L 24-27	No	5	80	16	46	2
2-Nov	Pittsburgh	W 23-16	Yes	2	21	10.5	14	0
9-Nov	@Washington	L 20-27	Yes	2	19	9.5	16	0
16-Nov	Detroit	W 35-14	Yes	4	29	7.3	11	0
23-Nov	@Baltimore	L 41-44	Yes	4	54	13.5	20	0
30-Nov	Cleveland	W 34-7	No	1	2	2	2	1
7-Dec	@Minnesota	L 7-34	Yes	1	3	3	3	0
14-Dec	@St. Louis	L 22-27	Yes	5	69	13.8	22	0
21-Dec	Arizona	W 28-10	Yes	6	70	11.7	28	0
27-Dec	@San Francisco	W 24-17	Yes	5	47	9.4	14	0
		TOTAL	12	46	492	10.7	46	4

2003 SEASON NOTES

- After beating out former 1st round pick Jerramy Stevens for the starting TE position for the second straight season, Mili once again set the franchise mark for most receptions by a Seahawk TE in franchise history with 46 and most TDs in a season by a Seahawk TE in franchise history with 4.
- Had a career game at Cincinnati (10/26/03) with five catches for a season-high 80 yards and a career-high two touchdowns, one coming on a 46-yard bomb.
- He capped the 2003 season as Matt Hasselbeck's go-to-guy, catching 16 passes for 186 yards (11.6 avg.) through the final three games of the regular season.
- Received Game Ball for the last game of the regular season against the S.F. 49ers, a "must-win" game that allowed the Seahawks to get into the playoffs.
- In his first playoff game as a starter, Mili continued his consistency and clutch play as he led the team in catches (6) for 62 yards in the wild card game at Green Bay (1/4/04).
- Tied for 7th among all NFL TEs for number of receptions in the 2003 season.
- Tied for 4th among all NFL TEs for total TDs with 4 TDs.
- Among the top 10 NFL TEs for receiving yards in the 2003 season with 492 yards.
- Mili's 2003 statistics outshined the two TEs selected to the 2003 Pro Bowl:
 - Itula Mili: 46 Receptions 492 Receiving Yards 4 TD's
 - Alge Crumpler: 44 Receptions 552 Receiving Yards 3 TD's
 - Bubba Franks: 30 Receptions 241 Receiving Yards 4 TD's

2002 SEASON

GAME-BY-GAME STATISTICS

DATE	Opp	RESULT	GS	Rec	Yds	Avg	Lg	TD
8-Sep	@Oakland	L 17-31	No	3	23	7.7	14	1
15-Sep	Arizona	L 13-24	Yes	4	18	4.5	11	1
22-Sep	@New York	L 6-9	Yes	0	0	0	0	0
29-Sep	Minnesota	W 48-23	No	0	0	0	0	0
14-Oct	San Francisco	L 21-28	Yes	2	16	8	9	0
20-Oct	@St. Louis	L 20-37	Yes	2	22	11	18	0
27-Oct	@Dallas	W 17-14	No	0	0	0	0	0
3-Nov	Washington	L 3-14	Yes	6	71	11.8	31	0
10-Nov	@Arizona	W 27-6	Yes	4	55	13.8	27	0
17-Nov	Denver	L 9-31	Yes	4	41	10.3	19	0
24-Nov	Kansas City	W 39-32	No	4	53	13.3	20	0
1-Dec	@San Francisco	L 24-31	Yes	3	40	13.3	21	0
8-Dec	Philadelphia	L 20-27	Yes	2	24	12	12	0
15-Dec	@Atlanta	W 30-24	Yes	1	5	5	5	0
22-Dec	St. Louis	W 30-10	Yes	1	21	21	21	0
29-Dec	@San Diego	W 31-28	Yes	7	119	17	49	0
		TOTAL	12	43	508	11.8	49	2

2002 SEASON NOTES

- After signing a 3-yr deal with Seahawks, Mili showed why the Seahawks resigned him and let Christian Fauria go via free agency.
- Mili also proved to the Seahawks his true value and worth as he earned the starting job over 2002 1st round pick Jerramy Stevens.
- Had a career day in the season finale as he caught 7 passes for 119 yards against the San Diego Chargers.
- In Mili's first season as a regular starter, he set numerous franchise records, which included: setting a franchise mark for most receptions (43) in a season by Seahawk TE and most receiving yards (508) in a season by a Seahawk TE.

1997 – 2001 SEASONS

2001 SEASON NOTES

- Played in all 16 games, starting five.
- Started season with two catches at Cleveland (9/9) for 21 yards.
- Had his best game vs. Jacksonville (10/7) with two catches for 42 yards, including a career-long 41-yarder and one touchdown.
- His second score of the season came vs. Miami (10/28) on a 15-yard catch in the second quarter to put Seattle on the board first.
- In all, caught eight passes for 98 yards (12.3 avg.) and 2 TDs.

2000 SEASON NOTES

- Had a career season surpassing his career numbers through the first four games.
- Started the first four games in place of injured Christian Fauria (hamstring) and posted 11 receptions for 129 yards (11.7 avg.) with one touchdown.
- Had a career-high five receptions in his fifth start of the year at Oakland (10/22) and a career-high 52 yards vs. St. Louis (9/10).
- Started for the sixth time at Denver (12/10) and caught a career-long 34 yarder.
- His three TDs and Fauria's two TDs tied a team record with five TDs by tight ends for a single season. Mike Tice and Travis McNeal combined for five scores in 1991.
- Finished the season with 28 receptions for 288 yards (10.3 avg.) and 3 TDs.

1999 SEASON NOTES

- Saw action in all 16 games with two starts.
- Made first career start in the season opener versus Detroit. Also, started at Chicago (9/19).
- For the season, caught four passes for 24 yards with one touchdown.
- The first score of his career came on a 1-yard pass from Jon Kitna at San Diego (10/17).

1998 SEASON NOTES

- Saw limited action in seven games and was inactive for eight games.
- Played in multi-tight end sets at Oakland (11/15) and at Dallas (11/22).
- Made first career reception at Dallas, for a 20-yard pickup.

1997 SEASON NOTES

- Recovered from Knee Injury suffered in last collegiate game.
- Prior to injury, many experts predicted Mili would go in the 1st or 2nd round of the 1997 draft.
- Spent the entire season on injured reserve, where he worked countless hours rehabbing his knee in which he fully recovered.